| **Core Knowledge (Need to Know)** | **Vocabulary** |
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| | To be able to move and balance in different ways. | | | --- | --- | | To move on, over and under equipment. | | | To play imagination games. | | | To move into space. | | | To take part in races and tag games. | | | Head up to look where you are going. | | | Move carefully around the space avoiding other children. | | | Look to move into space when moving around areas. | | | Keep your head and neck very still and straight to avoid dropping anything. | | | | Control | In command of what you are doing. | | --- | --- | | Coordination | Using your body effectively. | | Movements | Moving around. | | Slow/Fast | How quickly you need to go. | | Space | An area where you can’t touch anything. | |