| **Core Knowledge (Need to Know)** | **Vocabulary**  |
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| To send a ball to a partner |
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| To throw a ball to a target or partner |
| To receive a ball |
| To catch a ball |
| To play games with others |
| To try and score points in games |

**Good to Know**

| Volleyball RulesObjectiveVolleyball is a game played by two 6-player teams.The teams line up on opposite sides of a net, and the object is to send the volleyball over the net within the court boundary lines so that the opposing team is unable to return it before it hits the ground. Any part of the body above the waist can be used to hit the ball. |
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| Once the ball is served, players may move anywhere on their own side of the net.When there is a change of service, team members on the serving team rotate one position clockwise before serving.The order of rotation must stay constant for each set, but it may be changed before a new set begins. |
| In international and collegiate competition, a match is the best of 5 sets. For high school teams and younger, matches are often the best out of 3 sets. |
| points can be scored by either team and points are awarded after every fault.A **set** is won when a team reaches 25 points, but the team has to win by at least 2 points. If the game is tied at 24-24, play continues until one team has a 2-point lead. |
| A **match** is the best-of-five sets. High school teams and younger often play the best-of-three sets to 25.  |

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| Receive  | To get the ball and catch |
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| Ready position  | The knees are slightly bent with hands at waist level and elbows near the body allow the player to concentrate on the ball  |
| Catch |  hold  |
| Control | be in charge of how the ball will respond |
| Throw | pass the ball using your arms  |
| Aim | To direct the ball to where you want it to go |
| Accuracy | To be precise |
| Space  | To be away from others and avoid contact |
| Score | Gain a point for your team |
| Rules | How the game is played |
| Tactics | A strategy carefully planned to score |
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